

why does childhood emotional health matter?

Healthy childhood development—physical, emotional and intellectual—is the basis for successful growth and achievement in adults. The Surgeon General has estimated that one child in five struggles with a mental health concern. Children facing such obstacles have been found to benefit from interventions at the earliest possible stage, when they can do the most good and help children realize their full potential.

Working with families to identify and address the cause of a child's emotional, social or behavioral challenges, our highly qualified team of child mental health clinicians strive for lasting growth in the children.

Lucy Daniels Center is...

- a 501(c)(3) tax-exempt, nonprofit, charitable organization legally incorporated and licensed with the State of North Carolina
- a licensed mental health facility by the N.C. Division of Facility Services, Department of Health and Human Services
- a licensed, 5-star Center by the N.C. Division of Child Development, Department of Health and Human Services
- an accredited program of the National Association for the Education of Young Children (NAEYC) and the Alliance for Psychoanalytic Schools

how can I learn more?

Visit www.lucydanielscenter.org to learn more about our award-winning child mental health programs or to request a consultation for your child.



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Lucy Daniels Center

Helping children live emotionally healthy lives

9003 Weston Parkway, Cary, NC

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Lucy Daniels Center helps children live emotionally healthy lives through in-depth evaluation and treatment, family involvement, and education.

what is

Lucy Daniels Center?

Founded in 1989, the Lucy Daniels Center is the largest nonprofit provider of mental health services exclusively for children in the Triangle region. The Center serves families with individualized care, utilizing a comprehensive range of therapeutic programs recognized nationally as a model for excellence in child mental health care.

The Center serves more than 600 children and their families yearly, providing more than 20,000 hours of direct mental health services to children up to age 11. In keeping with our commitment to serve all children regardless of family income, we provide nearly \$300,000 annually in financial support to families receiving our services. Approximately 70% of these families pay less than the actual cost of our services, and one in six receives services for free.



Lucy Daniels Center is my primary referral center for children and families struggling with mental health issues involving anxiety, depression,

and complex and as-yet-undiagnosed conditions... Lucy Daniels Center excels in helping children and parents explore, understand, and navigate the unpredictable, discover more stability and ultimately venture out [into the world] with a sense of safety.

—Kathy Merritt, M.D., Chapel Hill Pediatrics

what services

does the Center provide?

Lucy Daniels Center supports the healthy social and emotional development of children ages birth to 11 through its comprehensive range of therapeutic and early childhood programs for challenges such as social, behavioral and disciplinary concerns; reactions to bereavement, abuse, or other trauma; and fears, anxieties, and behavior rituals.

- **Family Guidance Service** offers evaluations and outpatient mental health services for children up to age 11 and their families.
- **SecurePath**, in partnership with Wake County SmartStart, serves children ages birth–5 in their home or child care setting, with a focus on families who do not have insurance coverage or are receiving Medicaid. Services are offered in English and Spanish.
- **Lucy Daniels School** serves children in preschool through 2nd grades in an environment sensitive to the needs of children with social and emotional challenges. The school, which has an arts and STEM (science, technology, engineering, and math) focus, will enroll students through 5th grade by 2015–16.



Lucy Daniels Center helps me get back to happy.

—Student, age 5

Lucy Daniels Center was a place for us to bring our child who had social and emotional problems and not feel judged or discouraged. After [our] almost 2-year search for help, I felt like Center staff really “got it.” He started there a very sad and lost boy and came out happy and confident. It was hard work, but worth it.

—Former school and FGS parent



In addition, our outreach efforts, in partnership with corporations, foundations, local businesses, and other non-profits, strive to nurture healthy social and emotional development in children throughout our community.

- **SEED (Social and Emotional Early Development)** provides staff at Wake County early childhood centers with mentoring in the Center’s methods for supporting students’ healthy social and emotional development.
- **Lucy’s Book Club** provides quality children’s books, lessons and other materials, and guest readers to Wake and Johnston County early childhood centers serving high numbers of children receiving child care subsidy.

